



HIFU

Post - Treatment Care

To promote new collagen cells to reform, focus on two parts. The first part; Maintain body hydration rate above 35%. the second part is to insure face hydration by perform the following:

1. **Essential products (applied twice daily) are;**
 - a. Toner/Essence Water
 - b. Serum with Collagen/Hyaluronic acid Components
2. Optional products;
 - c. Moisturizer & Sunblock (daytime only)
3. Apply facial mask sheets (20 minutes) & rinse afterwards.
Or spray mist every day for 2 weeks or longer.

Do not perform the following (dehydrating & harmful)

1. Do not drink (or minimize) coffee or alcohol
2. Do not use powder-based make-up, foundation, or bb creams.
3. Do not use any kind of peels, vitamin C, or retinol A.
4. Do not massage treated area, use sauna, or expose area to direct sunlight for at least two weeks.

Follow-Up Treatments

Depending upon area of treatment and individual reaction, the second treatment should be performed within 4-6 weeks for body and within 8-10 weeks for face and neck area.

